



Girl Scouts®
Where Girls Grow Strong™

Sahuaro Girl Scout Council, Inc.

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Safety-Wise Home Study

Name: _____

Address: _____

Phone Numbers:

Day: _____ Evening _____ Cell _____

Email: _____

Service Unit: _____

Troop #: _____

Age Level: (Circle one)

Daisy

Brownie

Junior

Girl Scouts 11-17

Directions for Home Study

Pre-requisites:

There are no pre-requisites for this *Safety-Wise* home study guide.

Materials needed before you begin:

Safety-Wise

When you begin, remember...

Be sure to complete *all* information requested or the Home Study will not be processed. This home study guide is designed as a fill-in-the blank taken directly from the information provided in *Safety-Wise*. This self-paced home study guide is designed to give you essential information you will need as a new leader.

Objectives...

By the end of this Home Study, participants will be able to:

- Know how to use *Safety-Wise*
- Utilize the three steps in planning safe activities
- Provide safe activities

When you finish...

Upon completion of the self-paced home study guide, return the completed *Safety-Wise* Home Study with the evaluation to:

Sahuaro Girl Scout Council, Inc.
4300 E. Broadway Blvd.
Tucson, AZ 85711

In return, you will receive a signed training card, supplemental handouts from the classroom course and your completed *Safety-Wise* Home Study guide for your personal records. Participants who have successfully completed this Home Study will receive credit and will be awarded 1.5 contact hours toward their leadership training and Leadership Development Pin and will help the leader use *Safety-Wise* to provide safe activities for girls.

Responsibility for Safety – Chapter 1

1. List the six ways the council provides safety guidance and support to Girl Scout

Leaders:

2. The Girl Scout Leader has the most _____ with the girls as well as the most _____ on them.

3. The leader is responsible for safeguarding _____ and instilling in them the sense of _____

To accomplish this, all leaders must (list six):

4. Behaviors that will cause an adult to be released from acting in an official Girl Scout capacity are:

5. List three of the seven responsibilities Parents/Guardians assist the leader in ensuring the health, safety, and well-being of girls:

6. Girl Scouts may earn Safety Awards. The activities in these awards reinforce the importance of _____ in everyday life and in _____ we do in Girl Scouting.

Group Leadership – Chapter 2

1. List the four major components of leadership:

2. List four things girls expect from their leader:

3. List five functions of a leader:

4. List the six techniques for resolving conflict:

Group Planning and Budgeting – Chapter 3

1. Progression is built into the design of the _____ and _____ for each age level. Many skills learned in Girl Scouting become the foundation for later _____, _____, and _____.
2. A key ingredient in Girl Scouting is the _____ of girls and adults working together. With girl/adult planning, girls feel _____ and have more opportunities to become responsible and _____ - _____.
3. The girl/adult partnership begins at the Daisy Girl Scouting age level and _____ and _____ as the girls grow older and gain experience in making and carrying out their own decisions.

4. A group's budget should be based on reasonable

_____, and an additional money earning event if needed. Money earning projects must be approved in advance by the _____.

5. List three examples of money-earning activities that are not appropriate for Girl Scout groups:

Basic Safety Guidelines – Chapter 4

1. The _____ of the girls is your most important consideration.

2. Anticipate _____ and prevent _____ whenever possible.

3. Girl Scout leaders must observe council procedures for handling serious _____, _____, or _____.

(Pages 32-36 address many important procedures – be sure to read carefully.)

4. A Girl Scout first-aider is an adult who has taken council-approved _____ - _____ and _____ training.

5. A general first-aid _____ should be available at the meeting place and accompany the girls on any activity, including _____ to and from an event.

6. Over-the-counter or prescribed medication should be in the _____ Container.

7. When Girl Scout program activities involve _____ or _____ issues, the leader's role is as a caring adult who can help girls acquire their own skills and knowledge in a supportive atmosphere rather than as an advocate of any particular _____.

8. List five of the sensitive issues listed on pages 40-43.

9. Girls may not participate in service projects that involve _____ and _____ risks.

Planning Trips with Girl Scouts – Chapter 5

1. List the progression of trip:

2. Arrange for a back home _____ who will be available by phone during the trip. Be sure plans consider the _____ and diversity of the participants.
3. For trips of _____ nights or more, _____ coverage is obtained for the entire trip through the council under one of the optional accident or accident and sickness plans available.
4. Before any mode of transportation is selected, make certain that the owner/operator is properly _____ and that the vehicle is registered, _____ for liability, and well _____.
5. Girls under _____ years of age should sit in the back seat whenever possible.

Girl Scout Program Standards – Chapter 6

1. The 35 Program Standards describe the basic philosophy of the Girl Scout program and the basic levels of _____ and _____ that must be provided to girls.
2. The Girl Scout program has _____ fundamental goals.
3. Program activities include a balance of _____ and _____ areas.
4. At all times, the _____, _____, and _____ of girls are paramount.

5. Girl Scouting is part of a _____ - _____ movement.
6. _____ is inherent in the Girl Scout Promise and Law.
7. Program activities provide girls with opportunities to have experiences beyond _____
_____.
8. The leader receives the _____ from the council to help her guide preparation for and implementation of outdoor activities.
9. _____ from a parent or legal guardian is obtained for participation in Girl Scouting. (Standard 10)
10. During all group meetings and related small-group activities, the leader, assistant leader, or other responsible adult designated by the leader or council is present, and at least one of these must be an _____ not _____ to the other adults. This standard addresses girl/adult _____ for meetings, events, trips, and group camping (Standard 13)
11. Girl Scout groups reflect the _____ of the community. (Standard 19)
12. All vehicles are equipped with a _____ and any federal or state required _____. (Standard 25)
13. _____ Girl Scouts may not be involved in raising or handling money.
14. Girl Scouts may not _____ money for other organizations. (Standard 33)
15. Girl Scouts, in their Girl Scout capacities, may not participate, directly or indirectly in any _____. (Standard 35)

Activity Checkpoints – Chapter 7

1. The checkpoints in *Safety-Wise* guide the planning and implementation of specific activities. The process of preparing for an activity is organized into three steps:
 - Step 1** – The leader reads the _____ that are universally applied to all activities.
 - Step 2** – The leader reads the _____ that appear at the beginning of the chapter containing the activity that the girls are planning.
 - Step 3** – The leader studies the activity checkpoints for the _____ of interest.

2. In general, if an activity is not listed under one of the activity checkpoints or in another GSUSA publication, you should discuss the activity with the local _____ before making definite plans.
3. The leader keeps the Girl Scout council and _____ and _____ informed About the activities of the girls. (page 81)

Camping Activities – Chapter 8

1. In Planning and Supervision, the leader used the principles of _____ camping described in *Outdoor Education in Girl Scouting*.
2. The leader has taken group (troop) _____ in teaching and supervising group camping.
3. Girls should learn to use a variety of _____ including use of propane, butane, and gas stoves, charcoal, “canned heat”, and solar energy.

Land Sports – Chapter 9

1. Archery is not recommended for _____ or _____ Girl Scouts.
2. Bicycles are the proper _____ and in good _____.
3. Horseback riding is an activity that is not _____ for Daisy Girl Scouts.
4. Name two land sports that require a level 2 first aider to be present:

Water Activities – Chapter 10

1. Each person wears a U.S. Coast Guard approved personal flotation device (PFD or _____) at all times when boating, regardless of swimming ability.
2. Be sure a _____ is filed with local authorities and a back home contact. (page 114)

3. Name the three types of canoe activities:

4. While fishing, girls wading in water more than _____ or from a small _____ wear PFDs.

5. At least _____ adults are needed to supervise any kayaking or rafting activity.

6. Public pools and controlled waterfronts (beaches, lakes, etc.) may be used when _____ are on duty.

7. For all swimming activities, each participant is _____ and _____ to her swimming ability.

Other Activities – Chapter 11

1. List the eight activities covered in Chapter 11:

Appendix – Glossary

1. Summarize the first safety tip under each of the following major headings: (page 146)

In the Hotel _____

Valuables _____

Fire Safety _____

2. Match the following terms and definitions: (pages 149-151)

- | | | |
|---------------------------------|-------|--|
| a. Emblems | _____ | The umbrella term used to refer to all official items that girls may wear on their uniform |
| b. Religious & Other Awards | _____ | Insignia from the Girl Scout age-level books that are earned by completing requirements indicated. |
| c. Insignia | _____ | Insignia that denote Girl Scout membership at the national, council, and troop level. |
| d. Participation Patches & Pins | _____ | Additional insignia that are earned through requirements determined by religious or other organizations or by GSUSA. |
| e. Proficiency Awards | _____ | Supplementary insignia whose focus is participation, not prescribed requirements. |

Evaluation

Thank you for completing the *Safety Wise* self-study questionnaire. Please take a few moments to reflect on this training and provide feedback that will help us evaluate the course for future use. After completing this evaluation, please mail it back to us along with your self-study questionnaire.

Circle all that apply: New Experienced

Leader Co-Leader Administrative Volunteer Trainer

1. How long did it take you to complete the *Safety-Wise* questionnaire? _____

2. Was this:

 Format easy to understand? Yes No

 Format interactive and did it hold your attention? Yes No

3. Do you know how to use *Safety-Wise* to look up

 Specific safety points? Yes No

4. I found the questions Easy Difficult

5. How will completing this self-study questionnaire help you work with girls?

5. What is the most important information you gained from this self-study and how will you use it?

Comments:
